

BATMED – Serenity Kit Maintenance Calendar

Regularly check your **Serenity Kit** to ensure your self-sufficiency in the event of an emergency. This calendar helps you plan monthly checks. Prepare calmly and adapt the verifications to your household.

First Semester (January – June)

January

- () Check water (quantity, container integrity)
 - () Inspect food supplies (expiration dates)
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February

- () Test flashlights, batteries, and radios
 - () Check medicines and first-aid kit
 - () Verify first-aid training: plan a refresher if needed (e.g., via [samaritans.ch](https://www.samaritans.ch))
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March

- () Update documents and contact lists
 - () Check seasonal clothing and blankets
 - () Test evacuation plan: conduct a family drill (routes, meeting point), verify plan for pets
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April

- () Review specific needs (babies, seniors, pets)
 - () Check accessibility devices: readability of large-print or Braille labels, functioning of visual/vibrating alarms
 - () Inspect basic tools: condition of multi-tool knife, duct tape, and tools (hammer, screwdriver)
 - () Clean and organize storage area
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May

- () Check garbage bags, gloves, and masks
 - () Check FFP2 / FFP3 masks: integrity, expiration date
 - () Confirm emergency numbers are visible
 - () Update community contacts: verify neighbors' numbers, area chief, and civil protection officer
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BATMED Brilliant Answers To Manage Every Day

June

- () Rotate food supplies (FIFO principle)
 - () Inspect shelter or cellar
 - () Check pest protection: condition of non-toxic traps, stock of repellents
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Second Semester (July – December)

July

- () Recharge power banks and backup phones
 - () Check water and opened canned goods
 - () Update Alertswiss app (latest version) and digital backups: verify passwords / encryption for USB drive and cloud storage
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August

- () Adapt kit to the season (summer / travel)
 - () Test battery or hand-crank radio
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September

- () Update printed checklist
 - () Check headlamp and children's games
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October

- () Add warm clothing and blankets
 - () Check severe weather equipment: sturdy umbrella, plastic tarp, rope, protective goggles, compact sleeping bag
 - () Inspect auxiliary heating and camping stove
 - () Check chemical hand warmers: stock, expiration date, instructions for use
 - () Inspect basic tools: maintain multi-tool knife, tighten screws, replace worn parts
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November

- () Check medicines, iodine tablets, and first-aid kit
 - () Clean shelter / ventilation system
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- () Check winter supplies
- () Recharge power banks and spare batteries

- () Replenish consumed supplies
- () Note what was missing or needs improvement
- () Update contact list (neighbors / local authorities)
- () Check condition of equipment (flashlights, batteries, stove, radio)

Signature: _____

Private initiative of public interest, serving collective resilience

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